

Date – October 11, 2020
Scripture/Bible Story/Theme Children's Illustrated Bible – Genesis 4 Cain and Abel p. 22-23 – Note second week of same passage Cain and Abel God's love for us
Workshop Name Loving notes/apology notes Stomp – Questions and Answers
Opening Prayer Dear God, Thank you for all the wonderful things you do for us. Please, help us remember to practice being good when our choices are simple so we are ready when the choices are harder. Thank you for loving us and for teaching us how to do the right things. Amen
Objectives <ol style="list-style-type: none"> 1. The children will learn that what God wants most from us is our love and for us to give him our best. 2. The children will learn that no matter what we do or how mad we can make God, God will always forgive us—even in the middle of punishing us. 3. The story of Cain and Abel is in the first book of the Old Testament in the Bible.
Supplies – Note the supplies you will need including the construction paper and glitter ink for the note cards will be included in your bag. At home you will need marking pens and possibly scissors. Questions are below
Activity Prayer Cards The construction paper is to make the “I love you” or “I am sorry” prayer cards. The focus could also be on cards that say something like, “I’m sorry that I upset you.” The prayer cards can be something they make up or find some in books or the internet to help them choose. Encourage the children to decorate the prayer cards, make frames, give to others and maybe put them by their beds or somewhere they will remember them every day. Below are questions based on the Cain and Abel story. Use these questions as a game to keep score, count correct answers or any way you might want to keep track of answers. Perhaps a penny earned for every correct response. Cain and Abel Questions 1. What was Cain's brother's name? Abel

2. Who was Abel's mother & father? Adam & Eve
3. Who was older: Cain or Abel? Cain
4. What did Abel do for a living? Shepherd – keeper of sheep
5. What was Cain's occupation? Grain farmer – tiller of the soil
6. When Cain and Abel brought God their burnt offering, which one was pleasing to God? Abel – meat
7. In the story of Cain and Abel, who killed who? Cain killed Abel
8. After Abel died, God asked Cain where his brother was. How did Cain respond? "I don't know – Am I my brother's keeper?"
9. After Cain killed Abel, God gave Cain a punishment. Name one punishment. Kicked out of home, will be homeless/wonder the earth
10. What did God do to Cain, so others would know not to hurt Cain? God made a mark/sign on Cain
11. When God was asking where Abel was, why did Cain lie? Not to get in trouble
12. Name another emotion felt in the Cain and Abel story. Jealousy, anger, hatred, scared
13. What was one of the "big ideas" or lessons you learned in the Cain and Abel story? Any of the following ideas would certainly be a fine response.

We need to have faith and do what God tells us to do, the way he tells us to do it – we should always give our best – jealousy is wrong and only makes things worse, we should not long for what others have but instead be thankful for what we have – anger is a true/real feeling, how we handle our anger is our choice – sin is all around us, but we still need to try to do what is right each and every day.
14. What is an offering? Something we give because we want to not because we have to
15. Why do we bring offerings to God? To show thankfulness for all he has done for us and all we've been given
16. Cain thought that by getting rid of Abel, he would get rid of the problem. Did it work? No, the problem wasn't with Abel, it was with Cain, he didn't want to give his best to God and blamed Abel for his problem

20. How did God show that even though we make mistakes, He is ready to forgive us and let us start over? God promises Cain that he will not be killed, put a sign/mark on him

Reflection/Evaluation

Some of the following questions may be helpful for further discussion depending on the time.

Why is it wrong to lie? God says not to – not right – 10 commandments – it misleads and makes the problem worse – innocent people may be punished for things they didn't do

Why was what Abel offered more pleasing to God – showed his absolute best

Cain got really angry with Abel when God didn't accept his offering. Why didn't Cain get mad at himself? Do we ever blame others for something we have done, instead of admitting we were wrong? Can you think of an example? It's easier to blame someone else – that way Cain didn't have to take responsibility

Cain must have been very jealous when God loved Abel's sacrifice and not his own. Name a time when you have been jealous and suggest a better way you could have handled the situation.

God tells us in his commandments that we should not envy; that jealousy is wrong. Why is jealousy wrong? What can we do about it? We should learn to be happy with what we have, jealousy can lead to other sins, we can pray, reason with ourselves, etc.

We often make small mistakes and turn them into big mistakes. How do we do that? By continuing to lie – covering up the truth – not giving our best to God

God always wants us to give our best. What does that mean to you?

Lord's Prayer

